

Body, Mind, & Spirit

September 10, 2018

Due on Google Classroom by September 14, 2018

Throughout our first week of class consider the following questions and then reflect on them in your first google classroom assignment

Answer each question in at least 2-3 complete sentences:

- #1. What do you think this class is about?
- #2. Define *in your own words* the three terms: Body, Mind, and Spirit.
- #3. What are **your** thoughts:
Do you think your body, mind, and spirit are in union?
Can your body, mind, and spirit be in union?
Or are they three distinct components acting independently?
Explain your answer, why is this your belief?
- #4. What do you hope to learn during this class?
Why have you chosen to take this class?
What do you hope to benefit?
- #5. Do you have any unanswered questions from your past religion classes?